



2 Meters (144 - 148 MHz)

<i>ARRL Band Plan</i>	MHz
FM Simplex	*146.40 - 146.58
FM Simplex Calling Frequency	146.52
FM Simplex	147.42 - 147.57
<i>30kHz channel spacing</i>	
FM Simplex	146.430
FM Simplex	146.460
FM Simplex	146.490
FM Simplex (Calling Frequency)	146.520
FM Simplex	146.550
FM Simplex	146.580
FM Simplex	147.420
FM Simplex	147.450
FM Simplex	147.480
FM Simplex	147.510
FM Simplex	147.540
FM Simplex	147.570

70 cm (420 - 450 MHz)

<i>ARRL Band Plan</i>	MHz
FM Simplex Calling Frequency	446.000
<i>Misc Sources</i>	
FM Simplex	446.500
FM Simplex	447.000



6 Meters (50 - 54 MHz)

<i>ARRL Band Plan</i>	MHz
FM Simplex	52.020
FM Simplex	52.040
FM Simplex Primary	52.525
FM Simplex Secondary	52.540
FM Simplex Remote Base	53.000
<i>Misc Sources</i>	
FM Simplex	50.300
FM Simplex	51.1 - 52.0
FM Simplex	51.500
FM Simplex	51.600
FM Simplex	52.490
FM Simplex	52.510
FM Simplex	53.520
FM Simplex	53.900